Newquay & Lusty Glaze

The most popular holiday resort in Cornwall and the surf capital of Great Britain - Secluded Lusty Glaze

Newquay is now a modern, vibrant, thriving town but has witnessed over 1600 years of history and a dramatic change of identity in the past from fortified cliff settlement, through tiny port to the premier resort it is today. Iron Age Man smelted ore here for weapons and tools, Industrial Age Man made his trade in tin and china clay, but Modern man found the town’s hidden gold; the chain of eleven beaches that have transformed Newquay in less than a century into the most popular holiday resort in Cornwall and the surf capital of Great Britain.

Lusty Glaze is a privately owned beach and cove on the north Cornish coast and just one of the eleven that Newquay boasts. Its beautiful golden sands are sheltered by dramatic 200-foot cliffs, offering an idyllic natural environment in which to learn new skills, experience the buzz of adrenaline activities or simply sit back, relax and soak up the atmosphere. Over recent years the beach complex has been extensively renovated and developed into a unique leisure and education venue.Whatever your choice of a night out, Newquay has something to suit all tastes.

If you wish to dance the night away, there is a superb choice of clubs catering for every possible musical taste and an array of pubs and wine bars in which to enjoy a quiet drink or light meal.
However, if dining in style has more appeal, then look no further. Cornwall is famed for its excellent cuisine, with many eminent chefs drawn to the area, attracted by the fantastic fresh produce and other gastronomic delights. Restaurants such as Jamie Oliver’s Fifteen at Watergate Bay in Newquay and Rick Stein’s Seafood Restaurant in Padstow have ensured the well-deserved reputation will continue for many years to come.